

BIAQD Newsletter

For members of the Quinte Area Brain Injury
Association

April 2020



HAVE YOU SEEN US ONLINE? www.biaqd.ca

March in review....

On March 16th, 2020 it was decided to cancel all programs and clients/people were not allowed to visit the office. This took effect Tuesday March 17th, 2020.

I am truly missing going to group and seeing friends and doing activities... We hope to begin again soon.

We wish everyone well....



When Is Easter 2020? Here's Why Its Date Changes Every Year

- Easter Sunday changes dates year-to-year. This year, **Easter is on Sunday, April 12, 2020.**
- The holiday coincides with the vernal equinox, which welcomes spring in the northern hemisphere.
 - All of the celebrations leading up to Easter also change dates.

First off, it's important to know that though the exact date of Easter changes each year, there's a definite period in which the day occurs, and that's March 22 through April 25 (in the Gregorian calendar, not the Julian calendar). Easter always occurs on the first Sunday after the Paschal Full Moon, according to [*The Old Farmer's Almanac*](#). So, what's the Paschal Full Moon? It is the first full Moon that occurs after the vernal equinox, which signifies the beginning of spring in the northern hemisphere.

Now, this is where things get a little tricky. The church has decided to always—and forever—recognize the spring equinox on March 21. Technically speaking, however, the equinox could actually fall on Thursday, March 19—like it does this year. But if you're acknowledging the equinox on March 21 like the church, the first full moon after that date isn't until April 8. The following Sunday—April 12—is Easter this year.



Facts You Didn't Know About the Month of April

April Is Named for Aphrodite

April's Zodiac Signs Are Four-Legged Hooved Creatures

April's Honorary Flowers Are Daisies and Sweet Peas

The Diamond Is April's Birth Stone

Poet William Wordsworth Was Born in April

Noah Webster Copyrighted the First Edition of His Dictionary in April

Leonardo da Vinci Was Born in April

William Shakespeare Was Born and Died in April

Adolf Hitler Was Born in April



FUN FACTS: APRIL

- April Fools Day pranks include the BBC running a news piece about spaghetti being farmed in Sweden and another about flying penguins.
- The two flowers of April are the daisy and sweet pea – the birthstone is the diamond.
- The word April comes from the Latin word aperire, which means to open. This is in reference to the many flowers that bloom in the month.
- It was on 6 April 1896 that the first Olympics of the modern era were held. They took place in Athens after a break of 1,500 years.
- 26 April 1986 was when the Chernobyl nuclear plant in the Ukraine exploded. The radioactive cloud created forced a 300-mile radius to be evacuated.
- It was on 15 April 1912 that the Titanic hit an iceberg in the Atlantic Ocean and sank. Only 700 of the 2,224 passengers were rescued.
- Famous people born in the month of April include Charlie Chaplin, Leonardo da Vinci, Hans Christian Anderson and Shirley Temple.
- On 11 April 1970 Apollo 13 launched from Cape Kennedy and 56 hours later it ran into difficulties. It was then that the often misquoted line "Houston, we've had a problem here" was said.

1789 - Pennsylvania Representative Frederick Augustus Conrad Muhlenberg was elected as the first US Speaker of the House of Representatives.

1877 - Edward Schieffelin founded Tombstone, Arizona, best known as the place where Doc Holliday and the Earp brothers had their shoot-out with the Clantons and McLaurys at the O.K. Corral in 1881

1934 - Bonnie and Clyde kill two young highway patrolmen near Grapevine, Texas.

1963 - ABC premiered *General Hospital*, the daytime drama that eventually become the network's longest-running (soap opera) serial program produced in Hollywood. On the same day, NBC debuted *The Doctors*.

1970 - President Richard Nixon signed legislation officially banning cigarette ads on television and radio.

1976 - Apple Computer Company was formed by Steve Jobs and Steve Wozniak.

1977 (Tornado) Madaripur and Shibchar, Bangladesh

1979 - Nickelodeon kid's cable channel was launched

1984 - Singer Marvin Gaye was shot three times and killed by his father during a domestic dispute.

1997 - As part of a crossover April Fools joke, Pat Sajak hosted *Jeopardy* and Alex Trebek hosted *Wheel of Fortune*.

April 2

1513 - Spanish explorer Juan Ponce de Leon landed near what is now called St. Augustine, Florida

Easter nest cheesecakes

Ingredients

- 250 g biscuits
- 80 g butter
- 500 g cream cheese
- 2 eggs
- 100 ml cream
- 1/2 cup caster sugar
- 1 tsp vanilla essence
- 1 handful shredded coconut
- 1 packet mini chocolate Easter eggs



Method

Preheat oven to 180°C. Line a 12 hole muffin tray with paper muffin cases.

In a food processor, blitz biscuits to form a fine crumb. Transfer to a bowl, add melted butter and mix to combine. Divide evenly between muffin cases and use the back of a spoon to press down firmly, smoothing the tops.

Wipe out food processor bowl and add cream cheese. Process cream cheese for 1-2 minutes until smooth. Add eggs, cream, caster sugar and vanilla and process to combine. Pour over biscuit bases to fill muffin cases.

Bake for 20 minutes, turning trays halfway, until just cooked. Turn off oven, leave door ajar and allow to cool. Transfer trays to fridge to cool completely.

To serve, carefully remove paper cases and place cheesecakes on serving platter. Top with a sprinkling of shredded coconut and speckled eggs.

Notes

- The cheesecakes will puff up in the oven but deflate upon cooling, so don't worry if they



market@biaqd.ca

A Word About Our MARKETPLACE

market@biaqd.ca

Our Marketplace page was created for us to inform the public of the amazing crafts our different groups are making.

In this way we are getting funding, from the sales to our wonderful supporters, that will keep our craft programs going.

We do woodworking and painting/staining/decorating of same, sewing, knitting, painting, card making and much more as inspiration strikes. Here are a few things done recently...

We also have sales and will do a 'giveaway' item from time to time.... Keep an eye on the web site for our next special!

If you have an event coming you can now order your cards and personalize them!



Come join us and try something new and fun!

Our UPDATED Web Page....

With many thanks to our summer student, Mallory, we now are enjoying a newly designed and up to date web site! She worked very hard on this getting much information from Jennifer. If there was content they wanted but did not have, Jennifer knew where and who to go to. There are still a couple of pages that need to be completed, but overall it is an amazing site!

Please take a look and enjoy!

BIAQD.ca

April Word Search Puzzle

T	S	N	I	G	E	B	L	L	A	B	E	S	A	B
D	H	E	W	N	A	M	E	O	F	T	H	E	P	M
O	I	Y	A	D	I	R	F	D	O	O	G	N	H	T
H	A	A	R	P	R	I	L	M	A	Y	A	A	R	H
T	A	D	M	H	T	N	O	M	H	T	R	U	O	F
A	V	S	I	O	E	C	O	M	E	I	B	M	D	F
U	R	L	N	O	N	M	A	Y	E	P	O	H	I	G
R	R	O	G	O	D	D	F	S	S	O	R	I	T	N
U	T	O	U	E	T	L	H	E	L	I	D	N	E	I
S	A	F	P	M	O	E	O	B	F	T	A	H	R	T
E	G	L	S	W	E	E	T	P	E	A	Y	D	E	N
R	E	I	E	E	K	G	O	D	D	E	S	S	T	A
B	I	R	D	S	M	I	G	R	A	T	E	O	S	L
F	S	P	R	I	N	G	R	E	V	O	S	S	A	P
L	P	A	L	M	S	U	N	D	A	Y	O	V	E	E

APHRODITE

APRIL FOOL'S DAY

ARBOR DAY

ARIES

BASEBALL BEGINS

BIRDS MIGRATE

BLOOM

DAISY

DIAMOND

EASTER

FLOWERS

FOURTH MONTH

GOOD FRIDAY

PALM SUNDAY

PASSOVER

PLANTING

SPRING

SWEET PEA

TAURUS

WARMING UP



The Mystery Behind How April Fools' Day Got Started

Have you ever thought about the origin of April Fools' Day? It's not as easy to pinpoint this day's history as you might think. The history of April Fools' day is a little more complicated than some other celebratory days.

On the evening of April 1, 1957, thousands of British families tuned in to watch Panorama—one of the day's top current events broadcasts—to witness footage of a happy Swiss family harvesting their prized spaghetti trees. Unbeknownst to many viewers, the four-minute "news" segment, which literally showed strands of cooked pasta dangling from the trees in a family vineyard, was an intricate April Fools' Day hoax devised by a freelance cameraman and produced for a paltry 100 pounds.

Forget the hundreds of angry letters and bitter newspaper headlines that followed—the show's staff was "very pleased with [themselves]," having successfully elevated the centuries-old tradition of punking April fools to a mass-media high.

One likely predecessor to the origin of April Fools day is the Roman tradition of Hilaria, a spring festival held around March 25 in honor of the first day of the year longer than the night (we call this the vernal equinox, which typically falls on March 20). Festivities included games, processions, and masquerades, during which disguised commoners could imitate nobility to devious ends.

It's hard to say whether this ancient revel's similarities to modern April Fools' Day are legit or coincidence, as the first recorded mentions of the holiday didn't appear until several hundred years later. In 1561, for example, a Flemish poet wrote some comical verse about a nobleman who sends his servant back and forth on ludicrous errands in preparation for a wedding feast (the poem's title roughly translates to "Refrain on errand-day / which is the first of April"). The first mention of April Fools' Day in Britain comes in 1686 when biographer John Aubrey described April first as a "Fool's holy day."

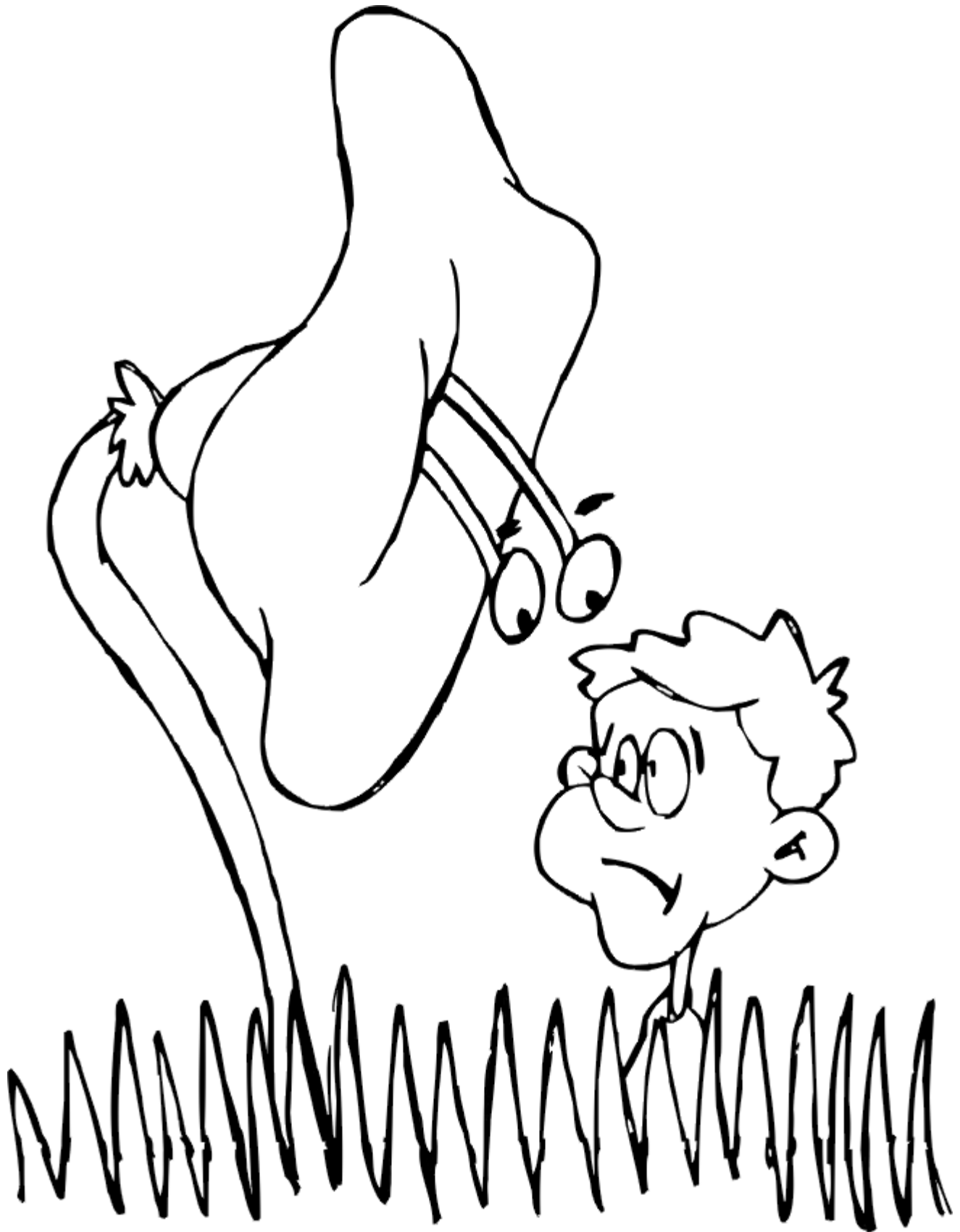
It's clear that the habit of sending springtime rubes on a "fool's errand" was rampant in Europe by the late 1600s. On April Fools' Day, 1698, so many saps were tricked into schlepping to the Tower of London to watch the "washing of the lions" (a ceremony that doesn't exist) that the April 2 edition of a local newspaper had to debunk the hoax—and publicly mock the schmoes who fell for it.

From there, it's a pretty straight line between lion washing and spaghetti farming. And while we may not know the origin of April Fools' Day, it's clear April Fools' Day speaks to the inner jerk in so much of humanity, and is therefore here to stay.

April Fool's Prank That Went Horribly Wrong

On April 1, 1998, Burger King announced it would now offer a version of the Whopper that had been carefully designed for left-handed folks. The joke was on Burger King, however, when stores across the country were flooded with orders for the left-handed Whopper.





From Cindy... January 2020

As 2020 begins I would like to thank everyone at the BIAQD program for the support they have given me in my endeavours with this newsletter.

As you know, I have been doing this for quite awhile. At this time I am asking if anyone out there would like to give this a try? It would be good for a change and new ideas, even if there is a volunteer for a month or so.

Please let Jennifer or I know

Thank you
Cindy

Hi again... there was no response to the above request and I am hoping you are giving it some thought.

This month, February, I am hoping for some ideas, requests, or information that may be good added to our newsletter.



Please give both requests some thought.

March 2020 - No response yet....

April - What can I say....

